



PHONE
547-2161

1120 Kempsville Road, Chesapeake Va. 23320

Phone Toll Free

Hot Sheet 7-31-10

800-373-1094

Fresh Pork, No Additives or Preservatives

Description	1 lb.	10lb^	Lb.	Case	Weight
Fresh Shoulder Picnics 8-10lb	1.39	1.29	1.22	69.60	60lbs. Avg.
Pork Butts Bone-in 6-8 lb	1.69	1.59	1.49	89.40	60lbs. Avg.
Pork Butts Boneless 6-8 lb	1.89	1.79	1.69	101.40	60lbs. Avg.
1 st Cut Pork Chops Avg. 3to lb.	1.59	1.49	1.29	47.60	30lbs. Avg.
Pork Spare Ribs Light Avg. 4	2.59	2.49	1.99	59.70	30lbs. Avg.
Ground Pork avg. 80/20	2.29	2.19	1.99	59.70	30lbs. Avg.
Pork Fresh Side	2.49	2.39	2.29	68.70	30lbs. Avg.
Pig Feet Avg. 30-32 box FZ	1.29	1.09	29.99		30lbs
Pig Ears Avg. FZ	2.99	2.79	69.99		30lbs
Pig Tails Avg. FZ	1.49	1.39	33.00		30lbs
Pork Stomach FZ	2.29	2.19	54.75		30lbs
Pork Sausage Roll Mild FZ	1.59	1.59	47.70		30lbs.
Pork Neck Bones (Fresh Meaty)	1.09	.99	24.99		30lbs

FRESH Whole BBQ Pigs

BBQ Pigs Weights (Uncooked) RAW Per Lb.

100 lbs. or More	1.89
80---99 Lbs.	2.19
50---79 Lbs.	2.49
40---49 Lbs.	2.99
30---39 Lbs.	3.29
20---29 Lbs.	3.89
10---19 Lbs.	4.29



We Cook Whole Pigs!

Add \$1.00 Per Pound to the cost of the Raw pig for cooking.
\$100.00 Minimum, \$100.00 Deposit paid in Advance.

BBQ grill rental charcoal fired	Rental Rates
Daily Rate	75.00 Day
Weekend Fri. Noon till Following Mon. 10:00 A.M	100.00
1 7/8" Ball to pull behind your vehicle.	Deposit 100.00

**Fresh Ice Packed Poultry
No Additives or Preservatives**



Description	1 lb.	10lb^	Case	Avg. Weight
Breast Bone-in	1.79	1.69	52.99	40 lb.
Breast Boneless 2pcs lb.	2.99	2.59	86.50	40 lb.
Breast Tenderloins	2.99	2.99	89.99	40 lb.
Breast Quarters w/wing	2.39	2.29	1.81 72.13	40 lb Avg.
Hens Fowl Lg 7lb avg	1.29	1.29	.99 69.99	40 lb Avg.
Fryers Whole 3lb to 4lb avg	1.59	1.49	1.23 85.75	70 lb. Avg.
Fryers Cut-up 8way or split	1.69	1.59	1.33 92.75	70 lb. Avg.
Fryers 4 legged	1.34	1.24	1.01 70.49	70 lb. Avg.
Leg & Breast Combo 20lbs.ea.	Case Only		1.29 51.63	40lb. Avg.
Jumbo Wings	1.99	1.89	59.99	40 lb.
Regular Wings	2.39	2.19	74.00	40 lb.
Party Wings No Tips	2.99	2.99	84.00	40 lb.
Chicken Leg Quarters	.69	.63	23.99	40 lb.
Chicken Drumsticks	.99	.99	39.60	40 lb
Boneless Skinless Thighs	1.89	1.79	57.00	40 lb
Chicken Backs	Case	Only	19.99	
Chicken Necks	Case	Only	23.99	40 lb
Chicken Gizzards	1.29	1.19	32.99	40 lb
Chicken Liver	.89	.79	26.99	40 lb.

Managers Specials

Description	1 lb.	10lb^	Case	Avg. Wt
Ground Beef avg. 80/20	2.69	2.49	2.16	40 lbs.
Gd. Chuck avg.85/15	2.99	2.95	2.89	40 lbs.
Gd. Beef Patties 40/4oz	2.49	26.49	26.49	10 lb.
Gd. Chuck Patties 40/4oz.			31.99	5 lbs.
Gd. Sirloin Patties 20/4oz.			18.99	5 lbs.
Beef Rib Eye Delmonico St	8.99	8.99	8.99	60 lbs.
Beef Bnls. NY Strip Steak	7.99	7.99	7.99	60 lbs.
Hot Dogs All Meat 40ct	2.52	2.52	9.99	4 lb avg.
Hot Dogs Beef 40ct	3.79	3.79	14.99	4 lb avg.
New York Hot Sausage	3.29	24.99	24.99	10lbs.
Turkey Wings 2 joint (Hen)	2.59	2.59	57.37	30 lb.
Turkey Wings 3 joint FZ	1.89	1.89	35.99	30lb.
Turkey Wings 2 joint FZ	1.99	1.99	39.99	30lb.
Turkey Necks FZ	.99	.99	29.25	30lb.
Turkey Drums FZ	1.59	1.39	30.75	30lb.
Turkey Tails FZ	1.09	.99	29.70	30lb.
Smoked Turkey Necks	1.99	1.89	47.70	30lb.
Smoked Turkey Drums	1.89	1.79	45.70	30lb
Smoked Turkey Wings	1.99	1.89	51.98	30lb
Smoked Turkey Tails	1.69	1.59	44.70	30lb

Fresh Frozen Seafood

Fillet of Trout	3.09	2.99	109.50	40lb.
Fillet of Whiting	3.09	2.99	109.50	40 lb.

Limited Quantities, all Prices Quoted per pound unless otherwise indicated, all prices subject to change without notice.

Thank You for Your Business.

Web sites: www.centralmeats.com

www.cleanfoods.com

Email: sales@centralmeats.com

Deli Fresh Cooked




Save \$

Cooked Pork BBQ	1 pan, 5 lbs. serves about 20	24.99	75 TO 100 PEOPLE BAR-B-QUE – \$3.69 PERSON 125 servings pulled Pork BBQ – 75 servings each – Potato Salad, Cole slaw, Baked Beans, Corn on the Cobb, Hush puppies, Plates, Forks, Napkins, Cups, 5 Gallons Fresh Brewed Iced Tea, 48 Cokes, Ice, 8 Dozen Rolls. BOOK EARLY \$369.00 THE LISA BROWN COOKOUT (for 150 people) 3-25 serving pans of cooked pulled Pork Bar-B-Que 3-40 serving pans of Baked Beans 120 quarter pound Pure Beef Hamburgers (UNCOOKED) 120 All Meat Commercial Hot Dogs (UNCOOKED) 15 dozen hamburger buns, 10 dozen hot dog buns 3 pans of Potato Salad and 2 pans of Coleslaw Ketchup, Mustard, Relish, Lettuce, Tomatoes, and Onions 150 Plates, Forks, Spoons – 500 Napkins \$399.90 + TAX - \$2.67 per/person
Cooked Chicken BBQ	1 pan, 5 lbs. serves about 20	25.99	
Cooked Beef BBQ	1 pan, 5 lbs. serves about 20	25.99	
Cooked BBQ Chicken	40 pcs. Pan, hickory smoked	39.99	
Cooked Hot Wings	24-27 pcs. Pan	14.99	
Cooked Pork Spare Ribs	10lbs. 40-4oz. servings	59.99	
Cooked Baby Back Ribs	5 lbs. 20-4oz. servings	39.99	
Baked Beans	1 pan, serves about 32-40	12.99	
Hush Puppies	1 pan, serves about 45	12.99	
Cole Slaw	1 pan, serves about 32-40	12.99	
Potato Salad	1 pan, serves about 32-40	12.99	
Macaroni Salad	1 pan, serves about 32-40	14.99	
Pasta Salad	1 pan, serves about 32-40	14.99	

	Hawaiian Luau Fun Party 150 – 200 People 150 Lb. Bar-B-Q Pig cooked, decorated, ready for your pick-in pleasure 4 pans Baked Beans-2 pans Mac & Cheese- 1 pan Hot Wings 2 pans 60 ears ea. Corn on the Cobb- 18 doz. BBQ Buns- 2 Hush Puppies 2 pans Potato Salad- 3 pans Cole Slaw- 1 pan Pasta Salad 1 gal BBQ Sauce- ½ gal. Sweet and Sour Sauce 1-5 gal. Lemonade- 2- 5gal. Fresh Brewed Iced Tea 200 Foam Plates, Spoons, Forks, Cups- 500 Napkins- 100 Leis \$1500.00 SALE \$899.00 + Tax – \$4.49 per/person	
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WEENIE ROAST
100 people \$99.99 + tax .99 per person
 120 All Meat Hot Dogs (UNCOOKED)
 120 Hot Dog Buns
 1 Mustard, Relish, Ketchup
 102 cans assorted soft drinks
 500 Napkins



150 PEOPLE BAR-B-Q PIG PICKING NO. 40
 150 Lb BBQ Pig and BBQ Grill to Cook the Pig
 The Food – The Drinks – The Supplies
 3 bags Charcoal, 1 Can Lighter fluid, 1 Bag Hickory Chips
 1 Gal. BBQ Sauce, 150 Plates, 150 Spoons, 150 Cups, 80 Burgers
 80 Hot Dog, 12 Dz. Burger Buns, 7 Dz. Hot Dog Buns,
 150 Asst Soft Drinks, 500 Napkins- Ketchup, Mustard, Relish, 2-16 lbs. Ice
 3 Pans Potato Salad, 2 Pans Baked Beans, 3 Pans Cole Slaw
\$ 749.00 + Tax- 4.66 per/person!

Back Yard Pig Picking Small Group
 75 Lb. Bar-B-Que Pig (uncooked)- 1 Gal BBQ Sauce
 1 Grill Rental- 3 Charcoal- 1 lighter fluid- 1 Hickory Chips
 500 Napkins- 2 Potato Salad- 1 Cole Slaw- 2 Hush Puppies
 2 Baked Beans- 60 Corn on the Cobb- 5 doz. BBQ Buns
 5 Gal. Fresh Brewed Iced Tea- 75 Plates, Forks, Spoons, Cups
50 to 75 people \$ 399.00 + Tax 5.39 per person
 • Same Order: We Cook the Pig, Minus the Grill, Charcoal,
 Lighter, Hickory Chips, your work and frustration.
We Cook Pig same order \$425.00 + Tax 5.66 per person
prices subject to change without notice

FAMILY REUNION OR SPECIAL GUEST
Menu designed for 30 hungry people
 40 pc. Oven Loven or BBQ Chicken
 6 lbs. –30 servings sliced Honey Ham
 1 pan Macaroni & Cheese
 1 pan Cut Green Beans
 1 pan Candied Yams
 1 pan Potato Salad
 Soft Rolls-Butter
 Desserts of Gourmet Cookies and Brownies
\$199.00 + tax \$6.63 per serving